



## Clean Hands, Clean Milk

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**12pp**



Wambui finds out...

Clean Hands, Clean Milk



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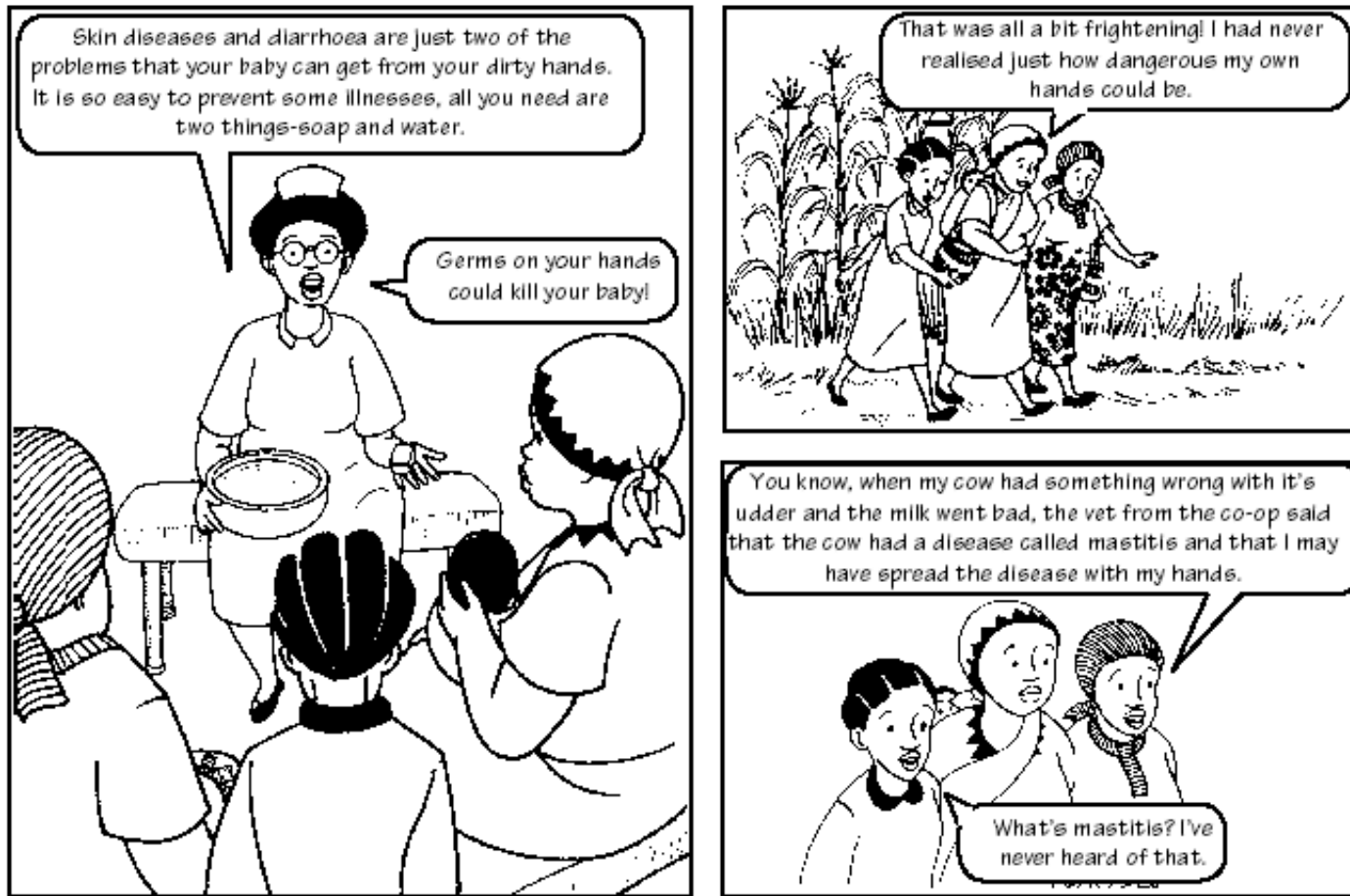
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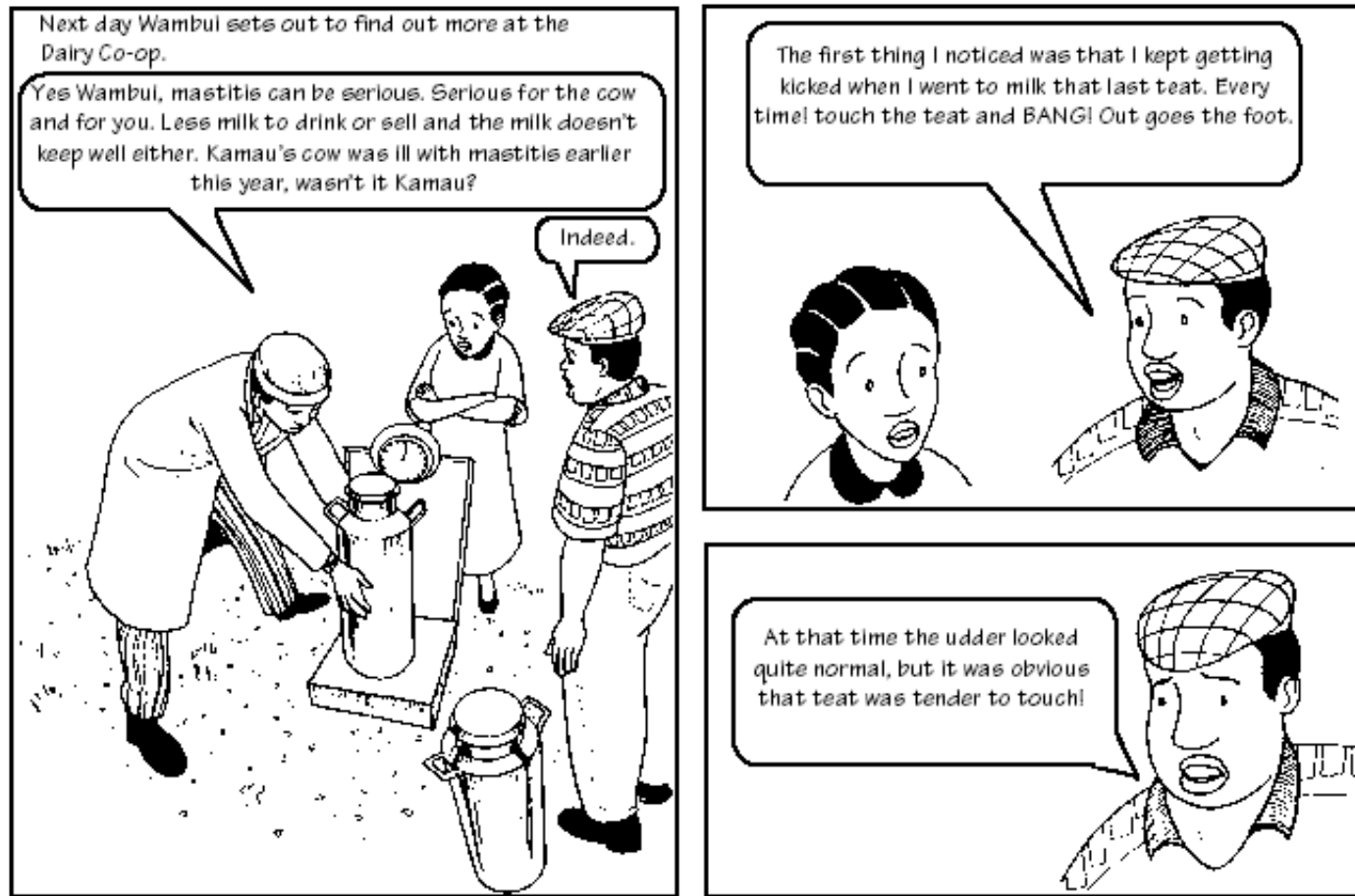
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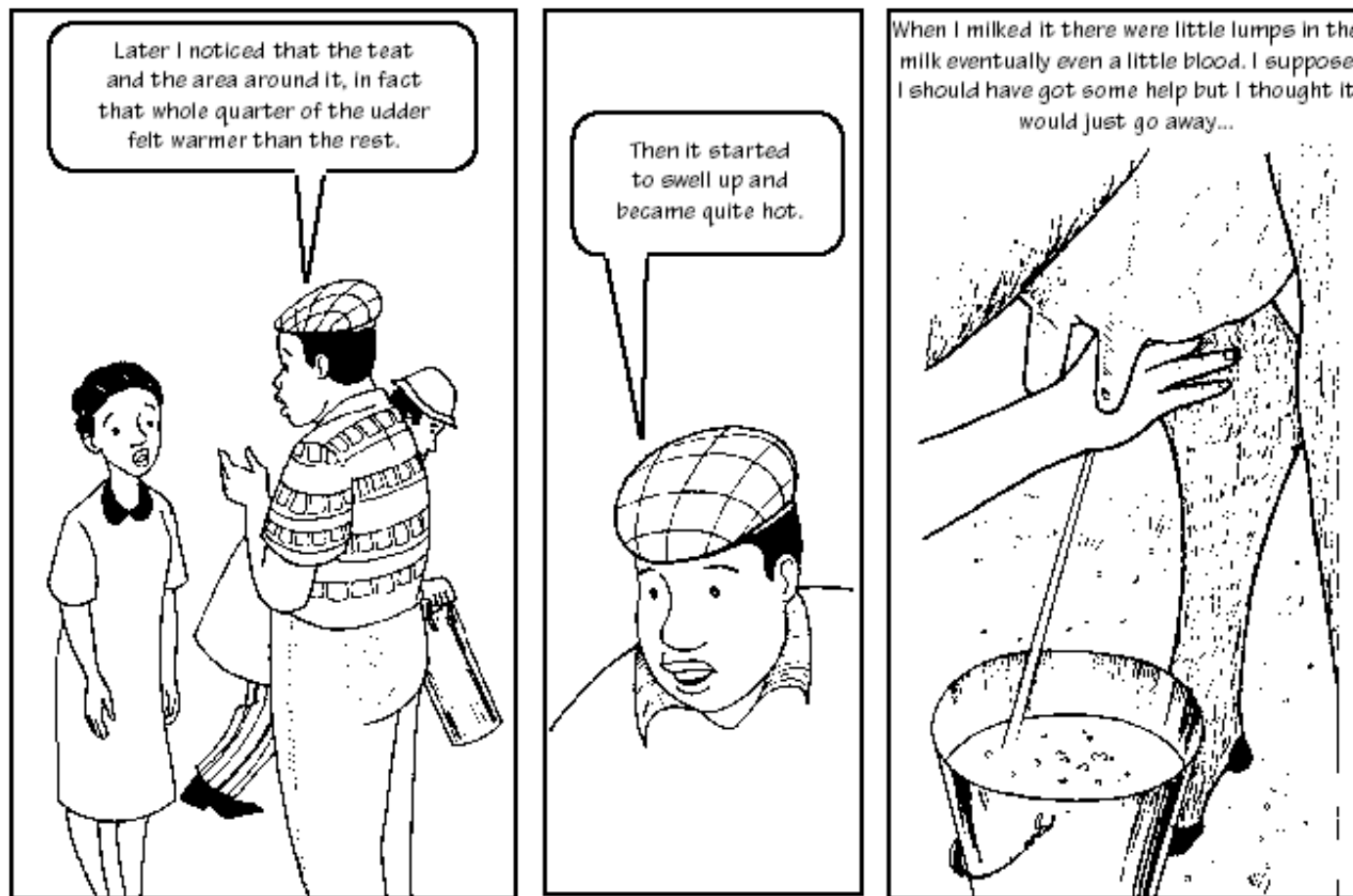
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Wambui finds out...

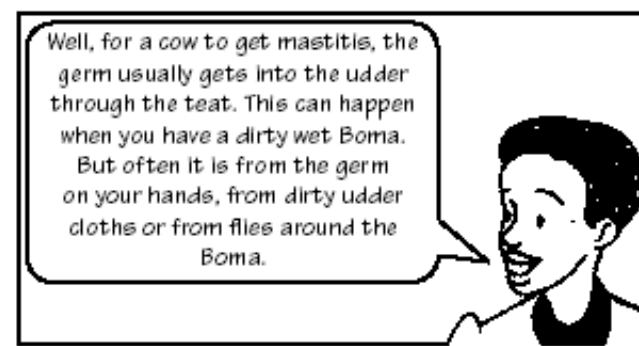
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Every time you milk, it is worth checking for mastitis. Look at the udder to check that each of the quarters is normal. Feel them with your hands to check that they are not unusually swollen or hot. And if the cow kicks when you do this, then that may be a sign that it is painful.



You can then look at the first milk from each teat. If you squeeze a strip of milk onto a dark background like the cup from this Thermos flask, you can see if there are any little clots, lumps or flakes and if the milk is bloodstained or unusually watery.



And what do you do when you see any of this?



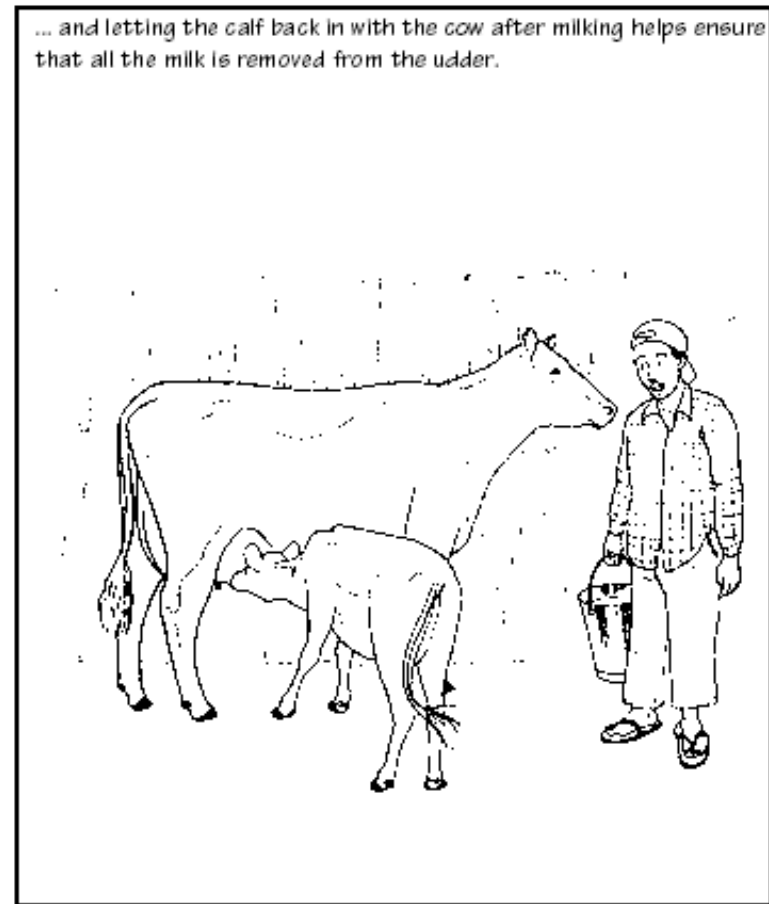
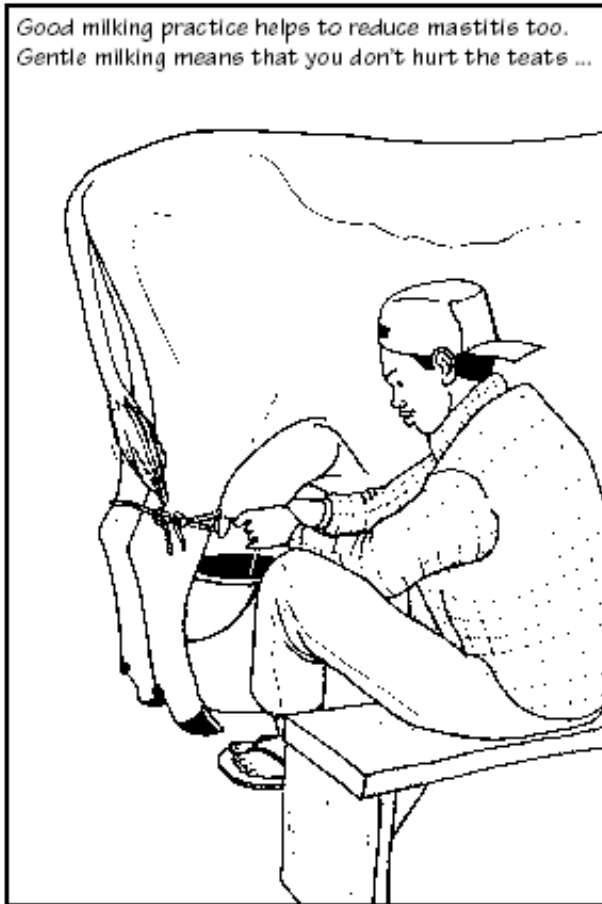
Well, it is best to act fast! Milk the three healthy quarters of the cow first. Then you should milk out the infected quarter and throw away the bad milk, preferably where no flies can get at it. Milk out the infected quarter every two to three hours until the clots disappear.



And remember to wash your hands after milking that quarter. It is always worth calling on a vet or the animal health assistant to see the animal as soon as possible as she may need dawa to help her to get better.

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